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Rheumatoid arthritis is one of the most common diseases and conditions nowadays. Technically, there is no cure for this disease. This is something you have to live for the rest of your life. What are the reasons for this general condition? Is this a way of life? Sitting jobs? Or is it something else? Dr. John Bergman is someone who knows first hand how difficult it is to live with the condition. He suffered a serious injury when he was only 30 years old. The accident almost ended his life. Since then, he has worked hard to educate people about natural health solutions. In this documentary, he talks about rheumatoid arthritis, the causes, and solutions to the disease. And while there is no cure for this disease, there is a way to make it easier for you to cope with it. From all over the Internet rheumatoid arthritis is one of the most common diseases and conditions nowadays. Technically, there is no cure for this disease. This is something you have to live for the rest of your life. What are the reasons for this general condition? Is this a way of life? Sitting jobs? Or is it something else? Dr. John Bergman is someone who knows first hand how difficult it is to live with the condition. He suffered a serious injury when he was only 30 years old. The accident almost ended his life. Since then, he has worked hard to educate people about natural health solutions. In this documentary, he talks about rheumatoid arthritis, the causes, and solutions to the disease. And while there is no cure for this disease, there is a way to make it easier for you to cope with it. Because of the web podcast: Play in the new window (en) Download (Duration: 2:00:31 - 42.0MB)Subscription: Android RSS:Dr. John Bergman joined us today in the studio to talk about all sorts of subjects related to natural health and healing. He's the man behind a brand new program called arthritis reversal system, which after I looked at I thought we should get him back to the studio to talk about some of these ideas about healing arthritis naturally without prescription drugs and toxic treatments. He was so kind to make the 45 minute drive to our studios so we could have this incredible conversation in person. In case you don't know my thoughts on the subject, in-person conversations are much more intimate than conversations that take place over the phone or over Skype. You can't create this connection when you don't see a person in physical reality. My intention for the future is to do more and more in-person shows so that you can all benefit from this connection. But Dr. Bergman is now our chiropractor, and he's working with us to take our health to the next level. Healing inflammatory and autoimmune conditions such as arthritis (whether reactive, rheumatoid or osteo) means you need to start learning how you got yourself into this mess and what you have to do to fix it. It's not an easy task, and there's a huge learning curve involved, but for those those were called and ready to embark on the path of their hero, the possibilities of healing are endless. If you want, you can listen to all the shows in our autoimmune category if you want to learn even more. As I said at the beginning of the show, Dr. Bergman is prolific to say the least. You can find about 450 videos on your Youtube channel, which will take you months to go through. I really hope you enjoy this episode with Dr. John Bergman. He's a really funny guy to be around and listen to. If you liked it, please share this show with your friends by clicking, as well as share on this page! Show notes for this episode: Click here to download the show notes for this EPISODE: Commercials During this episode: Find Extreme Health Radio On: turn on the fleshwapage-tunes-soundcloud-stitcher.html Please subscribe to our radio show for an update! Other shows: Turn on the file show-links.html Listen to other shows with this guest. Show Date: Friday 9/5/2014 Show Guest: Dr. John Bergman Guest Info: Dr. Bergman was propelled into a chiropractic heavy car accident, with 2 broken legs, a fractured skull and sternum along with multiple organ injuries. With a great need and passion for healing and regeneration, Dr. Bergman began to study the process of restoring the body. Dr. Bergman received his Doctorate of Chiropractic from Cleveland Chiropractic College in Los Angeles (CCCLA), California. Dr. Bergman's teaching at CCCLA: Human Anatomy, Physiology, Biomechanics, and 4 Chiropractic Techniques: Full Spine Specific (Palmer Method), Thompson, Diversified, and Limb Adjustment. As a former instructor Dr. Bergman has extensive knowledge of human anatomy and human physiology that few can match. Dr. Bergman's practice continues to grow, serving hundreds of families, focusing on corrective and wellness care, and focusing on the development of pediatrics and adult health. Thanks to Dr. Bergman's unique approach and direct experience of recovery from a severe injury, many successes can be achieved even in the most difficult cases. In his spare time he enjoys sailing, cycling, camping and spending time with his 2 sons Michael and Danny. Dr. Bergman has served Huntington Beach and its surrounding communities since May 1998. Dr. Bergman was born and raised in Burbank, California. After graduating at 16 from John Burroughs High School, he did his background studies in Santa Barbara, California. Show Theme: Frequency, Sound, Vibration, Energy, Acoustics, and Healing Body Guest Site (s): Social Sites: Facebook Twitter Others Guest product (s): Please support us if you are able to (opens in a new window - Every bit helps us Delivery is even better shows that will help you heal and thrive!) Support and © and insert the following HTML code onto any web page. Or you can grab the badge! Interview with Dr. John Bergman Video Version: Full Youtube Interview (opens in a new window) Youtube Time Share This show Social: Dr. John Bergman joined us with @johnchiro talk about how to reverse #diabetes naturally. Learn how to do it. Listen... - Extreme Health Radio (@ehrshow) October 4, 2014 Radio Show Transcript: spp-transcript YouTube Description: Dr. Bergman Explains How to Reverse Arthritis Without Using Dangerous Prescription Drugs... and, yes, even Advil and Tylenol have a detrimental effect on articular cartilage. navigate_nextYouTube Channel navigate_nextUpcoming Events Dr. Bergman of D.C. is one of a kind chiropractor, holistic physician and researcher who has dedicated his life to teaching and helping people with various, serious illnesses. With Dr. Bergman's unique approach and years of professional experience, even the most complex cases have the potential to become real success stories. Dr. Bergman, D.C., has developed his own methods and has extensive knowledge of human anatomy and human physiology that few can match. Dr. Bergman's unique approach and many successes can be achieved even in the most difficult cases. A unique opportunity to share your problem with Dr. Bergman and seek good advice from him. Use educational materials available in the form of courses, books and materials for download. Find out about the upcoming events organized by Dr. Bergman and book a place without leaving the house. My life has changed significantly and improved for the better since seeing Dr. Bergman, D.C., on a regular basis. My husband and I have been trying to get pregnant for four years without success. Within one month, we conceived and withstood our pregnancy and now have a very happy six month old son in our lives. Carmen, I wanted to write and thank you, Dr. Bergman, D.C., for your knowledge, your generosity, your kindness, and for doing everything you could to help my son when you don't need to. Thank you a million times. You are an amazing doctor, and now, I too, sing your praises. Katie Gallup I was always skeptical of chiropractic. I decided to give Dr. Bergman DC a try, after 3 months of chiropractic treatment, I was no longer in chronic pain. After 8 months of treatment I had a painless golf swing and won my golf club championship. Now I firmly believe in the ability of chiropractors to treat spinal injuries. Dana Atkins Before coming to see Dr. Bergman on April 1, 2007, I was in constant pain and suffering from extreme fatigue. I was diagnosed with rheumatoid arthritis in 2002 and has a degenerative disc disease in my neck and lower part Since coming to Dr. Bergman, D.C., on a regular basis, I've dated all six medications and no longer need injections into my neck and spine for pain relief I have more energy and almost no pain. What a blessing this should be put into Dr. Bergman DC Dawn Elliot Compassion, Respect, Commitment, Education and Healing. This is what all of Dr. Bergman's patients in Washington receive on a regular basis, and what makes him unique and exceptional in their field of chiropractic. For 21 years I have sought help for my back pain by visiting several doctors and chiropractors with or without time. Then, two years ago I was handed over to Dr. B. and because of it I was painless for a year with more more painless years to look forward to. Stephani S For three months, my neck and shoulder pain disappeared and has not returned since; it helps me carry my new son with great enthusiasm. I'm so grateful to have Dr. Bergman in our lives. He is a wonderful man, and his holistic approach is so valuable. Carmen I am a hyper workaholic Italian with a great time to live with the pain, then sit in the waiting room for potential help. Your unique program is fast in and out to fit my schedule very nicely. No wasted time, just a few minutes, and I went back to work. I have lived with a pain of 9.5 on a scale of 10 for years. 8 days later I would have to say 0 for pain and 2 for stiffness and less movement, then a good hand. Robert Scaccianocce Dr. Bergman D.C. is God-send! Before coming to him I had daily headaches and a permanent knot in the shoulder blade, which made any work of the table painful. As soon as he started his adjustments, my headaches disappeared within 2 weeks! I will always be grateful to Dr. Bergman for how he has improved the quality of my life! Lori Bruce N. give this testimony out of pride and knowledge that your experience of restoring my body in its natural healing process has begun in earnest. I had only two weeks of treatment for my spine and I was able to completely stop my need for ingest 60 milligrams of oxycodone every day of the week. What a relief I feel and a true sense of hope for my future!!! Bruce N. Dr. Bergman, D.C., really took my pain to my heart (something I've never experienced before). So I decided to literally put myself in his knowledgeable and compassionate hands. After a few days I woke up without a headache!!! I just can't believe it was it real? In fact, it is. For the first time in 22 years, I didn't have to go to an ambulance. I'm in awe of the faith!!! Dr. Bergman and chiropractic changed my life. It's really, really a miracle I've been waiting for. Tina When I first saw Dr. Bergman, I was skeptical, but I thought: What should I lose? First of all, I was very impressed that he didn't even try to set me up until he took a full set of back and neck X-rays to identify the sources of my pain. As soon as he began his adjustments, my headaches disappeared a week!!! The knot in my shoulder blade also subsides. The severe degree of curvature in my spine shook me, but my last last show incredible improvement from his methods of changing the spine ... more than I had... Patient Boulevard Agua Caliente 4558 Aviacon 22014 Tijuana BC Mexico Call us: 1 877-207-0824 (USA) (USA)

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